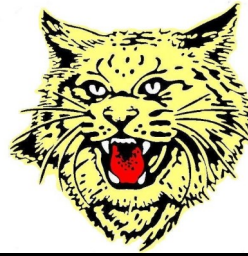


Monday– Cooks Choice, Yogurt, Fruit, Juice, Milk
 Tuesday– Egg, Meat, Toast, Jelly, Fruit, Juice, Milk
 Wednesday– Cereal, Bagel, Cream Cheese, Jelly, Fruit Juice, Milk
 Thursday–Biscuit, Gravy, Sausage, Jelly, Juice, Fruit, Milk
 Friday–Pastry, Yogurt, Granola, Fruit, Juice, Milk
 Menu Subject To Change
 Milk Choices Include Low-Fat White & Chocolate



November 2023

Mon	Tue	Wed	Thu	Fri
		1 <i>Hot Dog/ Bun Potato Salad Carrots Fruit</i>	2  <i>Chicken/ Bread Stuffing Cucumber Slices Fruit</i>	3  <i>Spicy Italian Sub W.G. Chips Fresh Vegetables Fruit</i>
6 <i>Ham & Cheese Croissant Red Pepper Strips Cheese-Its Fruit</i>	7 <i>Pulled Pork Nachos Lettuce Fruit</i> 	8 <i>Chicken / Bread Cheesy Potatoes Celery Fruit</i> 	9 <i>Ravioli Cottage Cheese Bread Stick Green Beans/ Fruit</i>	10 <i>Sack Lunch Sandwich W.G. Chips Carrot Fruit</i>
13 <i>Z– Rib/Bread Potato Radishes Fruit</i> 	14 <i>Chicken Soft Taco Lettuce, Cheese, Guacamole Rice Fruit</i>	15 <i>Sloppy Joes/ Bun Potato Cucumber Slices Fruit</i>	16 <i>Grilled Cheese Chicken Noodle Soup Celery Fruit</i>	17  <i>Quesadilla Chips & Salsa Corn Fruit</i>
20 <i>Deli Wrap Broccoli Fruit Pudding Cup</i>	21 <i>Pizza W.G. Chips Mixed Vegetables Gingerbread Cookie</i>	22 <i>Thanks</i> 	23 <i>Giving</i>	24 <i>Break</i>
27  <i>Chicken Crispitos Lettuce Rice Fruit</i>	28 <i>Walking Taco/ Beef Lettuce, Cheese, Tomato Salsa, Sour Cream Fruit</i> 	29 <i>Cheese Burger/ Bun Potato Cucumber Slices Fruit</i>	30 <i>E– Chicken Stixs Mac & Cheese/ Peas Fruit HS– Salad & Potato Bar</i>	